

Estrella Mountain Competitive Track

Estrella Mountain Regional Park



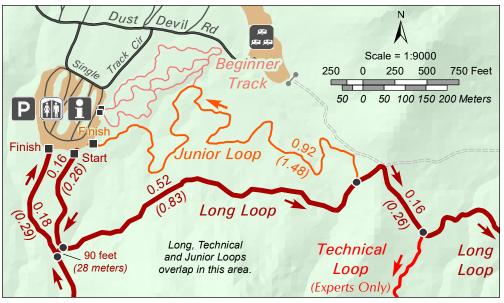
Cross-country runners **Joggers**



Fast bicyclists Technical riders



Trotting, galloping equestrians **Endurance riders**





CAUTIONS

- Track is for high speeds, challenging one's skills, and racing.
- Use trails (see separate map) for leisurely traveling.
- Even though speed is permitted, this track has challenges.
- Pre-ride or run the course at a reasonable
- The Technical Loop is the most difficult. It is for experts only.

Use of the Track

- The track varies from 2 to 10 feet wide. Use the whole cleared width for your own tread and for passing.
- The track is designed and maintained for skilled users. Please do not "improve" or sanitize it. Do not shortcut. Mud, rocks, sharp curves, etc. are the challenge of the course.

Track Etiquette and Safety

- Slower users yield to faster users.
- Call out before passing.
- Stay on the designated track.
- Travel in the one-way direction as marked.
- Take extra water and allow yourself extra time. A sprained ankle, bent rim, or thrown shoe will delay you.
- Track closes at 8:00 pm Sun-Thurs, 10:00 pm Fri. and Sat.
- It is strongly recommended that mountain bikers wear helmets and other protective gear.

The Estrella Mountain Competitive Track

- Consists of 4 loops.
- Length of all the segments combined is 16.8 miles (27.0 km).
- Is open daily for individuals and informal groups, except during special events. For event info contact the park office or web site.
- Contains most Estrella Mountain Park races.
- Has a parking area and portable restrooms.
- Group camping is available nearby. Contact the park office for reservations and fee info.

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The Long Loop

• Is 9.5 miles (15.3 km) long. A new, harder alternate at the loop's south end climbs over a pass and makes for a trip of 9.4 miles (15.1 km)



Interactive Trail Map

The Technical Loop

- Is for experts only.
- Is 4.8 miles (7.7 km) long counting the start and finish segments on the Long Loop.
- Is 2.9 miles (4.6 km) long for just the Technical segment.
- A new, one-way connector provides a bailout from the Technical segment and a longer return on the Long Loop for a total of 7.6 miles (12.2 km).

The Junior Loop

- Is suitable for beginners and children; others are also welcome.
- Is 1.6 miles (2.6 km) long including segments serving other loops.

The Beginner Loop

- Has a total tread of 0.8 miles (1.2 km) that includes several short loops. The short loop is .25 miles, middle loop is .47 miles and long loop is .53 miles long.
- Is suitable for learners and beginners.
- This is a stacked loop configuration on relatively flat terrain with pullout teaching stations where one can deal with various obstacles.

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