

KNOW YOUR LIMITS!

Every year, more than 200 people have to be rescued while hiking in parks and preserves. Make an informed decision on which trail to hike. Choose a trail that is within your ability and your hike will be more enjoyable.

Be sure to ALWAYS:

- Stay on designated trails.
- Tell someone where you are hiking and when you expect to return.
- Carry enough water for your entire hike. Remember water for your dog.
- When your water is half gone, turn around and return to the trailhead.
- Carry a cell phone and a fully charged portable charger.
- Don't hike alone.
- Wear appropriate footwear and clothing for hiking.
- Use maps, know where you are going and what kind of terrain you are hiking on.



TRAIL RATING GUIDE

NOTE: During the hotter months when the temperature and/or humidity are higher, trails will be rated at least one level higher.

| RATING SYMBOL | TRAIL RATING | BRIEF DEFINITION | SURFACE | GRADE | OBSTACLES/ STEPS |
|---------------|---------------------|--|---|-------|---|
| | Easiest | Paved Accessible Trail | Paved or hard and smooth | | None |
| | Easy | Mostly smooth and wide | Dirt with occasional unevenness | | 2" or less, rocks and ruts |
| | Moderate | Mostly smooth, variable width | Dirt with occasional unevenness | | <8" rocks and ruts, loose material |
| | Moderate Difficult | Mostly uneven surfaces | Dirt and rock | | <12" rocks and ruts, loose material |
| | Difficult | Long rocky segments with possible drops and exposure | Dirt and loose rock with continual unevenness | | 12" or taller, loose rocks, exposure to drops |
| | Extremely Difficult | Long rocky segments with possible drops and exposure | Dirt and loose rock with continual unevenness | | 12" or taller, loose rocks, exposure to drops and excessive heat >90F |