

MCDOWELL MOUNTAIN REGIONAL PARK

APRIL PROGRAMS



Maricopa County

Parks and Recreation Dept.

McDowell Mountain Regional Park
16300 McDowell Mountain Park Drive
MMRP, AZ 85268
(602) 506-2930 ext. 3



CONNECTING PEOPLE WITH NATURE

PARK HOURS:

Sunday – Thursday: 6 am – 8 pm
Friday – Saturday: 6 am – 10 pm

NATURE CENTER HOURS:

SUMMER (05/07 - 10/08)

Monday thru Saturday: 8 am – 3 pm

Sunday: Closed

WINTER (10/09 – 05/06)

Sunday thru Saturday: 8 am – 4 pm

ADMIN. OFFICE HOURS:

Monday – Friday: 8 am – 4 pm

📍 PARK FEES:

\$7 per vehicle day-use entry fee (no additional fees for programs, unless otherwise noted)

📍 DIRECTIONS:

From central Phoenix, take Loop 202 east to Beeline Highway (SR 87). Continue northeast on SR 87 to Shea Blvd. Travel west on Shea Blvd. to Saguaro Blvd.; turn north. Continue through Town of Fountain Hills to Fountain Hills Blvd; turn right and travel four miles to the McDowell Mountain Regional Park entrance.

💻 WEBSITE:

<https://www.maricopacountyparks.net/mcdowell-mountain-regional-park/>

✉ EMAIL ADDRESS:

mcdowellpark@mail.maricopa.gov

📘 FACEBOOK PAGE:

<https://www.facebook.com/mcdowellmntnprk/>

STAFF:

Park Supervisor: Shayla Gunn

Interpretive Ranger: Amy Roberts

Park Office Asst.: Jeanine O'Reilly

Maintenance Supervisor: John Grutzmacher,
Mark Ostapczuk

Introduction to Archery

Date: 4/4/2019 **Time:** 9 a.m.

Description: Participants will experience a safe introduction to international-style target archery. Participants should be at least 10 years old. Equipment is provided. Space is limited. RSVP required. To RSVP, contact

amyroberts@mail.maricopa.gov to RSVP.

Additional details will be provided.

Core: Outdoor Skills

•••••

Friday Fitness Hike – Four Peaks Trailhead

Date: 4/5/2019 **Time:** 7 a.m.

Description: This week's hike will begin from the 4 Peaks Trailhead. Hike distance will be between 8-12 miles. Participants should have previous hiking experience. Bring plenty of water, and snacks and make sure to have comfortable shoes & clothing. Hike led by Kevin B.

Core: Health & Fitness

•••••

Discover the Sonoran Desert

Date: 4/5/2019 **Time:** 10 a.m.

Description: Welcome to the desert! The Sonoran Desert is a surprisingly lush, diverse desert. Learn about some of our common plants and animals on this 3-mile interpretive walk with the Ranger. Meet at North Trailhead (approximately 5 miles from the park's main entrance).

Core: Plants

•••••

Walk on the Wild Side

Date: 4/11/2019 **Time:** 9 a.m.

Description: Join the Ranger for a short walk to the Nursery Tank Pond. The trail

is an ADA-accessible trail, so all ages and abilities are welcome to join in on this outdoor adventure. Meet at the Nursery Tank Trailhead

Core: Outdoor Skills

•••••

Friday Fitness Hike – Tom's Thumb

Date: 4/12/2019 **Time:** 7 a.m.

Description: This week's hike starts OUTSIDE OF THE PARK at the Tom's Thumb Trailhead, off of 128th Street in Scottsdale (off of Dynamite). This is a difficult hike that involves a good amount of elevation and loose rocks. A hiking pole is recommended for this hike that starts in the McDowell Sonoran Preserve. Hike will be between 8-12 miles. Please call the Park if you need directions to the Trailhead. Bring plenty of water, and snacks and make sure to have comfortable shoes & clothing. Previous hiking experience is required for this difficult hike. Hike will be led by Kevin B.

Core: Health & Fitness

•••••

Discover the Sonoran Desert (ADA Accessible)

Date: 4/12/2019 **Time:** 10 a.m.

Description: Welcome to the desert! This is a lush, diverse desert with lots of interesting residents. This .5-mile interpretive hike will focus on the common plants and animals living here and the adaptations that allow them to thrive. Meet at Nursery Tank, a half-mile universal access trail.

Core: Outdoor Skills

•••••

Trailside Ranger – North Trail**Date:** 4/13/2019 **Time:** 10 a.m.

Description: The North Trail is our most popular hiking trail due to the diversity of the desert plants along the trail and the ease of the terrain on this 3-mile loop. Come out and find the Ranger along the trail to answer some of your questions about the Sonoran Desert.

Core: Plants

•••••

KIDs – Kids in the Desert!**Date:** 4/18/2019 **Time:** 9 a.m.

Description: Join the Ranger as we stroll along a barrier-free trail to have fun and learn about the desert! If your child is an outdoor adventurer already, or aspires to learn about the outdoors, we have the desert, you bring the kids! The trail is 0.5-mile, ADA-accessible barrier-free trail and suitable for strollers. Meet at the Nursery Tank Trailhead (approximately 5-miles from the park's main entrance).

Core: Outdoor Skills

•••••

Friday Fitness Hike - Wagner**Date:** 4/19/2019 **Time:** 7 a.m.

Description: This week's hike will begin from the Wagner Trailhead. Hike distance will be between 8-12 miles. Participants should have previous hiking experience. Bring plenty of water, and snacks and make sure to have comfortable shoes & clothing. Hike will be led by Kevin B.

Core: Health & Fitness

•••••

Plants & Ancient People**Date:** 4/19/2019 **Time:** 10 a.m.

Description: How did the native ancient people survive in such a harsh climate

without the modern conveniences we take for granted today? Join the Ranger on this easy walk and immerse yourself into ancient culture for his short walk on the 0.6-mile ADA accessible trail is suitable for all ages and abilities. Meet at the Nursery Tank Trailhead.

Core: Outdoor Skills

•••••

Meet a Desert Tortoise!**Date:** 4/20/2019 **Time:** 10 a.m.

Description: Did you know that we have desert tortoises that live in the wild? What would you do if you saw one of these amazing animals? Learn about these unique creatures and meet one of our very own educational animal ambassadors! Meet the Ranger (and the Desert Tortoise) at the Visitor Center!

Core: Animals

•••••

Friday Fitness Hike – Dixie Mine**Date:** 4/26/2019 **Time:** 7 a.m.

Description: Meet in the parking lot for the Dixie Mine Trailhead (outside of park - at the end of Golden Eagle Blvd in Fountain Hills). Hike distance will be between 8-12 miles. Participants should have previous hiking experience. Park access from this trailhead is "hike only" so please come prepared with a \$2 (cash only) park entrance fee. Please make sure to have enough water, comfortable shoes and clothing, and a hat. Hike led by Kevin B.

Core: Health & Fitness

•••••

Self-guided Interpretive Walk on the North Trail**Date:** 4/27/2019 **Time:** All Day

Description: The North Trail is the most popular hiking trail in the McDowell Mountain Regional Park. It is a 3-mile loop trail that has an accompanying interpretive pamphlet. It is rated as "easy" and suitable for most folks who want to get out and enjoy a hike. Come out and enjoy a walk, at your own pace. Interpretive pamphlets are available at the trailhead. Stop by the Visitor Center if you need directions!

Core: Plants

•••••

PARK NOTES:

What to Bring: Please wear sturdy shoes (closed-toe), dress appropriately for the weather and bring more water than you think you will need. See descriptions for specifics. Fees for guided hikes and programs are included in the park entry fee or with your annual pass. Reservations are not required unless specified in the program description. Hikes/programs are canceled if heavy inclement weather is imminent. If possible, canceled hikes will be posted on the website.

Media Partners: Thank you for helping us advertise McDowell Mountain Regional Parks programs and events! Please include Ranger Amy's email address – AmyRoberts@mail.maricopa.gov - in your postings so park visitors can contact the park directly with general questions about programs, updates, and changes.

Notes:

