

# Estrella Mountain Competitive Track

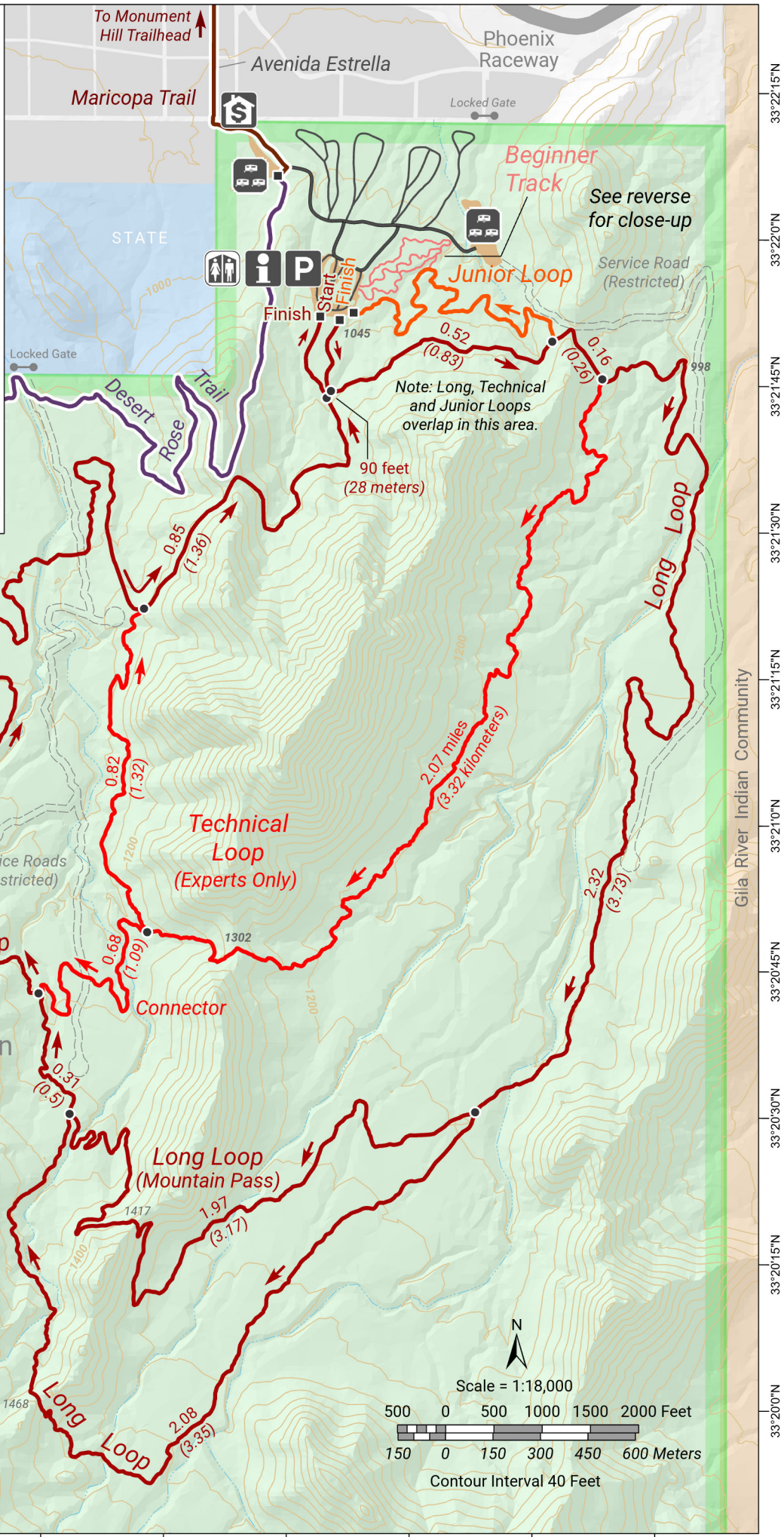
Caution: This TRACK is for high speeds, challenging one's skills, and racing. Use TRAILS elsewhere in the park for leisurely traveling.



- Long Loop
- Technical Loop
- Junior Loop
- Beginner Track



Distances on map are for selected segments between junctions (●), or junction and parking lot.



Gila River Indian Community



# Estrella Mountain Competitive Track

Estrella Mountain Regional Park



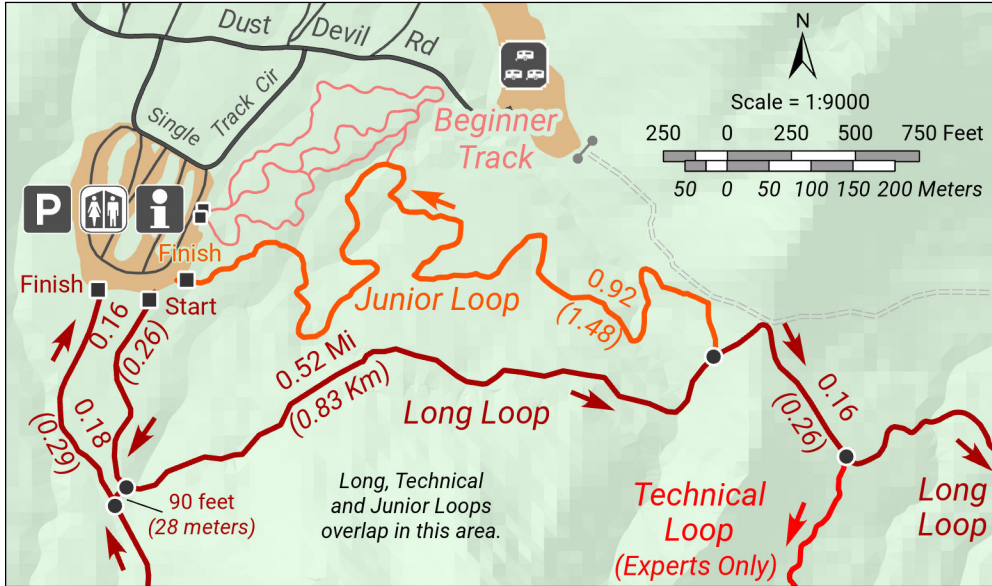
Cross-country runners  
Joggers



Fast bicyclists  
Technical riders



Trotting, galloping equestrians  
Endurance riders



## Use of the Track

- The track varies from 2 to 10 feet wide. Use the whole cleared width for your own tread and for passing.
- The track is designed and maintained for skilled users. Please do not "improve" or sanitize it. Do not shortcut. Mud, rocks, sharp curves, etc. are the challenge of the course.

## Track Etiquette and Safety

- Slower users yield to faster users.
- Call out before passing.
- Stay on the designated track.
- Travel in the one-way direction as marked.
- Take extra water and allow yourself extra time. A sprained ankle, bent rim, or thrown shoe will delay you.
- Track hours:  
May 1 to October 31 - 5 AM to 9 PM daily  
November 1 to April 30 - 6 AM to 8 PM daily
- It is strongly recommended that mountain bikers wear helmets and other protective gear.

## The Estrella Mountain Competitive Track

- Consists of 4 loops.
- Length of all the segments combined is 16.8 miles (27.0 km).
- Is open daily for individuals and informal groups, except during special events. For event info contact the park office or web site.
- Contains most Estrella Mountain Park races.
- Has a parking area and portable restrooms.
- Group camping is available nearby. Contact the park office for reservations and fee info.

## The Long Loop

- Is 9.5 miles (15.3 km) long. A new, harder alternate at the loop's south end climbs over a pass and makes for a trip of 9.4 miles (15.1 km).

## The Technical Loop

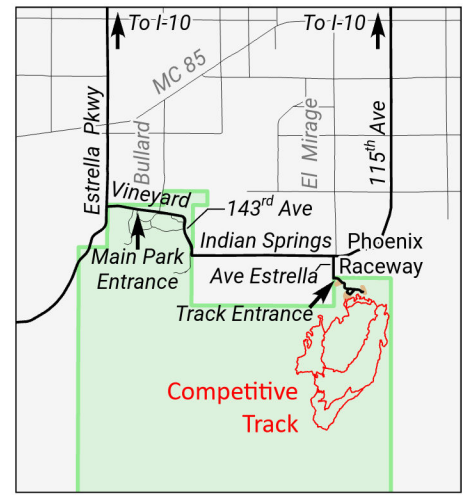
- Is for experts only.
- Is 4.8 miles (7.7 km) long counting the start and finish segments on the Long Loop.
- Is 2.9 miles (4.6 km) long for just the Technical segment.
- A new, one-way connector provides a bailout from the Technical segment and a longer return on the Long Loop for a total of 7.6 miles (12.2 km).

## The Junior Loop

- Is suitable for beginners and children; others are also welcome.
- Is 1.6 miles (2.6 km) long including segments serving other loops.

## The Beginner Loop

- Has a total tread of 0.8 miles (1.2 km) that includes several short loops. The short loop is .25 miles, middle loop is .47 miles and long loop is .53 miles long.
- Is suitable for learners and beginners.
- This is a stacked loop configuration on relatively flat terrain with pullout teaching stations where one can deal with various obstacles.



## CAUTIONS

- Track is for high speeds, challenging one's skills, and racing.
- Use trails (see separate map) for leisurely traveling.
- Even though speed is permitted, this track has challenges.
- Pre-ride or run the course at a reasonable speed first.
- The Technical Loop is the most difficult. It is for experts only.



Interactive Trail Map

Mailing Address:  
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