

MARICOPA COUNTY PARKS AND RECREATION DEPARTMENT

WATER SAFETY TIPS

- If you or a member of your party are not strong swimmers, please wear a life jacket.
- Watch small children around water to prevent drowning.
- Know what to do in a water emergency:
 - Call for emergency assistance.
 - Before entering the water to provide assistance, assess the situation to make sure you can **SAFELY** assist the individual in distress without endangering yourself.
 - If necessary, start CPR until the emergency response team arrives.

Source: Adapted from the American Red Cross - <https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/water-safety.html>